# **FOLLOW-UP Patient Questionnaire - HIP PATIENT**

N												
Name:				D	OB:			Date:				
Height: Weight:							Age:					
Which HIP r	received t	reatmen	<u>t?</u>									
Laterality	1	L	eft	·	Rig	ht	<u>.                                    </u>	Во	th			
											•	
What treat	ment/sur	gery did	you re	<u>ceive?</u> _						<u>wr</u>	<u>ien</u> ?	
Current Pai	in Level (n	o pain 0	– 10 hi	ighest)								
Vhile Walkin	าต											
0	1	2	3	4	1	5	6		7	8	9	10
Vhile negoti	ating stairs											
0	1	2	3			5	6		7	8	9	10
/	1	l		I	I							1
t rest (sittin	ig, lying do	wn, sleepi <b>2</b>	ng) <b>3</b>		.	5	6		7	8	9	10
Do you have		<u> </u>										
No			Slight			N	Moderate			Sevei	re	
What type	of support											
None		Cane	(long v	valks)	Cane	(full ti	me)	Cru	tch(es)		Walker	
What distar					1						T	
Unlimited	d	6 blo	ocks		2-3 b	locks		< 1	block		Bed to	chair
How do you					T							
Normally	•	With	baniste	er	With	assist	ance of a	persoi	n	Unable	<u> </u>	
To what ext	tent are yo	u able to	put on s					-				
Easy				Difficu	ılt				Unab	ole		
Describe th		which yo	u are al									
Any chair	r, 1 hour			High c	hair, 30	minute	es		Unab	ole		
Are you abl	e to use pu		portation	on?								
Yes		No										
Do you fin	d this situ	ation to	be:									
Accept	table	Una	cceptab	ole								

#### SATISFACTION SURVEY

The next set of questions asks about your satisfaction with your HIP surgery/treatment.

1) How satisfied are you with the results of your HIP treatment in the following areas? (Please select one answer for each question). If you had both HIPS treated, answer how you are overall.

		Very Satisfied	Somewhat Satisfied	Neither Satisfied Nor Dissatisfied	Somewhat Dissatisfied	Very dissatisfied
a.	For relieving pain					
b.	For improving your ability to do housework or yard work?					
c.	For improving your ability to do recreational activities?					
d.	Overall, how satisfied are you with the results of your hip surgery?					

#### 2) How much did your hip surgery improve the quality of your life?

More improvement than I ever dreamed possible	Great Improvement	Moderate Improvement	A Little Improvement	No Improvement	The quality of my life is worse

### HOOS, JR. HIP SURVEY

<u>Instructions</u>: This survey asks for you view about your hip. This information will help us keep track of how you feel about your hip and how well you are able to do your usual activities.

Answer every question by ticking the appropriate box, <u>only</u> one box for each question. If you are unsure about how to answer a question, please give the best answer you can.

Which Hip:	.eft	Right	Both
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Pain: What amount of hip pain have you experienced the last week during the following activities?

1. Going up or down stairs:

None	Mild	Moderate	Severe	Extreme			
2. Walking on an uneven surface:							
None	Mild	Moderate	Severe	Extreme			

**Function, daily living:** The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities, please indicate the degree of difficulty you have experience in the <u>last week</u> due to your hip.

#### 3. Rising from sitting:

None	Mild	Moderate	Severe	Extreme				
4. Bending to floor/pick up an object:								
None	Mild	Moderate	Severe	Extreme				
5. Lying in bed (turning over, maintaining hip position):								
None	Mild	Moderate	Severe	Extreme				
6. Sitting:								
None	Mild	Moderate	Severe	Extreme				

### **VR-12 Health Survey**

**Instructions:** This questionnaire asks for your views about your health. Answer every question by marking the answer as indicated. If you are unsure how to answer a question, please give the best answer you can.

1. In general, would you say your health is:

Evcellent	Very Good	Good	Fair	Poor	

- 2. Does your health now limit:
  - a. Moderate activities such as moving a table, pushing a vacuum, bowling or playing golf?

Yes, limited a lot	Yes, limited a little	No, not limited at all				
b. Climbing several flights of stairs?						
Yes, limited a lot	Yes, limited a little	No, not limited at all				

- 3. During the past 4 weeks, has your physical health resulted in:
  - a. Accomplishing less than you would like?

None of the time	A little of the time	Some of the time	Most of the time	All of the time

b. Being limited in the kind of work or other activities you have attempted?

None of the time   A little of the time   Some of the time   Most of the time   All of the	ime
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- 4. <u>During the past 4 weeks, as a result of any emotional problems</u> (such as feeling depressed or anxious):
  - a. Have you accomplished less than you would like?

None of the time	A little of the time	Some of the time	Most of the time	All of the time
b. Have you not con	npleted work or other a	ctivities as <b>carefully</b> a	ıs usual?	

	None of the time	A little of the time	Some of the time	Most of the time	All of the time
_					

5. <u>During the past 4 weeks</u>, how much did **pain** interfere with your normal work (including both work outside the home and house work)?

6. During the past 4 weeks, have you felt calm and peaceful?

All of the time	Most of the time	Good bit of the time	Some of the time	Little of the time	None of the time

During the past 4 weeks, did you have a lot of energy?

All of the time Most of the time Good bit of t	e time Some of the time Little of	f the time None of the time
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During the past 4 weeks, have you felt downhearted and blue?

		All of the time	Most of the time	Good bit of the time	Some of the time	Little of the time	None of the time
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9. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (such as visiting friends, relatives, etc...)?

None of the time	
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10. Compared to 1 year ago, how would you rate your physical health in general now?

Much better	Slightly better	About the same	Slightly worse	Much worse

11. Compared to 1 year ago, how would you rate your emotional problems now (such as feeling anxious, depressed or irritable)?

Much better Slightly better About the same Slightly worse Much worse
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## **CURRENT ACTIVITY SURVEY (LEAS)**

Please read through each description given below, pick only <u>ONE</u> description that best describes your <u>CURRENT</u> regular daily activities and put a check in that box.

CHECK ONLY <u>ONE</u> (1) BOX ON THIS PAGE
a. I am confined to bed all day.
b. I am confined to bed most of the day except for minimal transfer activities (going to the bathroom, etc)
c. I am either in bed or sitting in a chair most of the day.
d. I sit most of the day, except for minimal transfer activities, no walking or standing.
e. I sit most of the day, but I stand occasionally and walk a minimal amount in my house.
(I may rarely leave the house for an appointment and may require the use of a wheelchair or scooter for transportation.)
f. I walk around my house to a moderate degree but I don't leave the house on a regular basis. I may leave the house occasionally for an appointment.
g. I walk around my house and go outside at will, walking one or two blocks at a time.
h. I walk around my house, go outside at will and walk several blocks at a time without any assistance (weather permitting).
i. I am up and about at will in my house and can go out and walk as much as I would like with no restrictions (weather permitting).
j. I am up and about at will in my house and outside. I also work outside the house in a:
minimally
moderately
extremely active job
<ul> <li>k. I am up and about at will in my house and outside. I also participate in relaxed physical activity such as jogging, dancing, cycling, swimming:</li> <li>occasionally (2-3 times per month)</li> </ul>
2-3 times per week
daily
I. I am up and about at will in my house and outside. I also participate in vigorous physical activity
such as competitive level sports
occasionally (2-3 times per month)
2-3 times per week
daily